



# Medowie Public School

Term 4 Week 2

Thursday 24th October 2019

## Integrated Inquiry Stars



Students from 1/2K were excited to show me their work last week. They created their own worlds, which was a visual representation of their house, city, state, country, continent and planet. Each section could be spun around giving the children 'the big picture' of where they live and how this fits from a global perspective.

Thank you Taylah, Millie, Mac and Noah for sharing your work with me.

## A Kind Gesture

During the holidays Oscar made a beautiful artwork utilising colour paint cards. He donated this lovely piece of work to our school. I currently have it hanging in my office and it has created a beautiful backdrop for students to have their photos taken when



they show me their work. Thank you so much Oscar, it has certainly brightened my office!

## Honour Boards

At the conclusion of last year our existing honour board in our hall had no space left to add our school captains. As a result, new boards were ordered and they have finally arrived. The new boards look great and are situated near our old honour board.



## PBL

Our students did an amazing job last term in demonstrating our school's expectations of being respectful, responsible and resilient. Bunji came to celebrate the start of Term 4 for their amazing efforts and greeted students at the end of the school day. Both Bunji and our students enjoyed the visit. During the last week of Term 3 enough tokens were collected in the box for a whole school reward. As a result, our next whole school reward day has



## What's on at Medowie...

|                 |                                  |
|-----------------|----------------------------------|
| <b>25th Oct</b> | P & C Colour Fun Run 12.30pm     |
| <b>29th Oct</b> | Camp Quality visit to school     |
| <b>30th Oct</b> | Grandparent's Day 9.45am         |
| <b>1st Nov</b>  | Book club orders & money due in  |
|                 | Whole School Assembly 2.15pm     |
| <b>7th Nov</b>  | Kinder 2020 transition visit - 1 |
|                 |                                  |
|                 |                                  |

## Notes in Circulation

Grandparent's Day 30th October 9.45am

P & C Christmas raffle tickets

been scheduled for **Friday 1<sup>st</sup> November**. This reward is a crazy hair day. Students are encouraged to come to school on this day with wacky hair to celebrate their great work. Students will be reminded during morning assemblies of this upcoming event.

### Community PBL

Our community PBL recipients this fortnight have been presented to the worthy students, Jessica and Sage. Jessica received her award last week for her contributions in assisting younger students at the Showcase concert and Sage is receiving his award tonight for using his pocket money to purchase new rollers for the school's sandpit cover after noticing they were broken. Thank you both for being wonderful school students.



### Whole School Assembly

Last week we had a number of students who received their Positive Award for collecting 10 awards. Congratulations to all the boys and girls who reached this first milestone of our reward system.



Merit awards were also presented at the assembly. It was lovely to see a number of students receiving awards for showing qualities from the Learning Disposition Wheel. Most notably, a number of students received awards for showing grit and focus. Well done to everyone who received an award.



During the assembly students with exemplary attendance throughout Term 3 were also acknowledged. These students will also receive a letter of recognition which should be received by mail this week. Regular attendance is an important part of students being successful in all parts of the school curriculum. It is also a priority area of the Port Stephens network of schools to increase the attendance rates within our schools.

### Bus School Travel

There have been several reports made of our students behaving inappropriately on the bus. If your child travels to school by bus it would be greatly appreciated if you could reinforce the expectations matrix with them. We want all of our children to feel safe on the bus and have the bus driver being able to do his job without interruption by children behaving inappropriately in this setting. Our school's wellbeing policy applies to students who behave inappropriately on the bus and this will be enforced in our setting providing witnesses can substantiate the alleged reports. Hunter Valley buses also have cameras that enables our school to have access to video footage in the event a high

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[facebook.com/medowiepublicschool](https://facebook.com/medowiepublicschool)

[twitter.com/medowieps](https://twitter.com/medowieps)



risk incident occurs.

Applications for student travel by bus in 2020 has now opened. Students progressing to Year 3 and Year 7 no longer need to re-apply if they:

- Are continuing at the same address
- Are residing at the same address
- Have not been sent an expiry notification from Transport for NSW

If students need to update their information or re-apply, parents should go online to: <https://apps.transport.nsw.gov.au/ssts/updateDetails> Applications need to be submitted before 31 December 2019 to ensure student entitlements are updated and their current entitlement/card is not cancelled.

### Colour Fun Run

Tomorrow marks the anticipated Colour Fun Run event. This has been a very successful event over the last two years it has been held at our school. I'd like to personally thank Mrs Skaines and Mrs Brennan from the P&C who have coordinated this exciting fundraising activity for our students as well as Mr Wells who has been the staff liaison for this event. Tomorrow promises to be a hot day, with the weather predicted to reach 34 degrees. Whilst this is ideal for our students getting wet it also poses the real threat of students suffering from dehydration. Please ensure your child has a water bottle and has sunscreen in their bag to protect them from the sun. I'd like to welcome parents to attend. The Colour Fun Run will commence at 12.30pm.

### Hour of Code

Students in week 4 will be participating in the 'Hour of Code'. The Hour of Code is a global movement by Computer Science Education and Code Org reaching tens of millions of students across more than 180 countries. Each stage in our school is planning to take part in this initiative from Tuesday to Friday, in the last school session of the day. Parents are welcome to visit their child's classroom during these afternoon sessions from 1.50pm to 2:50pm to see firsthand just how clever many of our students are in this area growing technological area.

*Tuesday 5th November:* Early Stage One – KH, KW and K/1M

*Wednesday 6th November:* Stage Two – 3/4H, 3/4N and 3/4T

*Thursday 7th November:* Stage Three – 5/6W, 5/6H, 5/6R, 4/5S

*Friday 8th November:* Stage One – 1/2G, 1/2P, 1/2K and 2R

Allison Thompson  
Principal

### Thank You Sage!

Recently, Sage Boucher kindly offered to use his hard earned pocket money to purchase a new pit cover roller for our school sandpit. Sage used \$50 to purchase the roller online with the help of his Dad. A wonderful community spirit!

Mr Wells



## The Samaritans Giving Tree



The Samaritans Giving Tree will be launched next Thursday, 31st October at morning assembly. On this day, students can wear a pair of crazy Christmas themed socks as a fun way to start embracing and becoming involved in supporting local families at Christmas. We will present donated items to representatives from the Samaritans during week 8. Time and location to be announced later in the term. Meadowie students and their families are asked to contribute some non-perishable food items and/or a Christmas gift item. Please don't wrap gifts. The gifts are wrapped once the gift has been chosen. The Christmas tree will be in the library ready for donations. Ideas for donations will be displayed next to the Christmas tree. Please, pull up your socks this 'Sockember' and place something under the Christmas tree for local people living in need.

## Library News



Thank you to everyone who returned their library books after the holidays. Our library monitors were kept very busy as they re-shelved them! Which leads onto a big congratulations to classes KH and 1/2 K for winning the 'Ice-block' challenge. These classes showed consistent borrowing and returning of books throughout term 3. During term 4 the ice-block challenge will operate again, but each stage will compete against each other. This means four classes have the opportunity to win an ice-block at end of term. I'm looking forward to seeing the final results! We have many new books ready for borrowing including 'The illustrated Encyclopedia of Ugly Animals', featuring facts and pictures of our planet's most unusual creatures! The illustrator, Sami Bayly is based in Newcastle. This book will surely make you wonder and laugh. Quick fact: In adults, reading has been shown to reduce stress by 68% more than listening to music, going for a walk, or having a cup of tea. Happy reading.

made, accuracy in measurements, plates tolerance requirements, registration and construction detailing. Any questions please contact flame before proceeding with the job. Copyright 2017 Flame.

Can you spare an hour a week?

Become a **volunteer ethics teacher** in your local school

PLEASE JOIN US

Find out more about volunteering, becoming a donor, or other ways you can be involved in this exciting program. If you are a parent or carer seeking ethics



PrimaryEthics.com.au  
Ph: (02) 8068 7752

**Primary**  
ETHICS

ETHICS FOR CHILDREN.  
SKILLS FOR LIFE.

Ethics classes provide an alternative during scripture time in NSW public primary schools. While we have strong interest from parents in Ethics classes at MPS, and have had classes running in previous years, the program is not currently active due to a lack of volunteer teachers.

My name is Kelly Kurtz and I have recently taken on the position of volunteer Ethics Coordinator for our school. I am looking to recruit parents interested in becoming volunteer teachers to re-establish the Primary Ethics program at MPS.

Ethics classes include scenarios, group work and activities to encourage children to think about what they should do in different situations, about how those circumstances might make a difference and about the consequences of their actions. Children discuss topic such as: - imagining how others feel - how do we treat living things? - what is laziness? - how do we disagree in a respectful way?

Lesson plans are provided by Primary Ethics and have been approved by the Department of Education. The classes are facilitated by a volunteer ethics teacher who received full training through online modules and a comprehensive 2 day workshop.

If you are interested in learning more and becoming a volunteer teacher, contact **Kelly Kurtz** on **0408 695 261** or [kelly27kurtz@gmail.com](mailto:kelly27kurtz@gmail.com). Also visit [primaryethics.com.au](http://primaryethics.com.au) to see lesson topics and learn more about the Primary Ethics program. I will also be holding information sessions during term 4 where I will share my own experiences about how rewarding it is to teach Ethics classes and answer questions – contact me to register your interest.

## Defence News

Last term the defence kids and some of their friends got to make Christmas cards to send to the troops for them to send back to their loved ones as they don't have access to buying these cards in the places they are deployed. They will be put in packs with an assortment of cards for birthdays, mother's day, father's day etc. such a great idea for the troops!

I had some stickers made up and have put on the back of the cards so that those who receive them know that our wonderful kids at Medowie Public School made them! It was great seeing the looks on their faces knowing that their card was going to go to someone in the world!

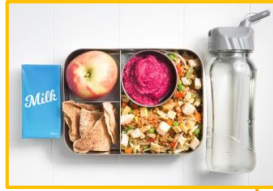
A big Thank you to Samantha Goodwin and Angela Wilson for their donations of Christmas materials, it was greatly appreciated!



# The simplest way

... to pack lunches for kindy kids.

Packing lunch boxes for the first time can be overwhelming. Here are our top tips for new kindy parents:



- Pack something from each of the 5 food groups plus water. Check out our [lunch box builder](#) for ideas.
- Keep foods fresh and safe by packing an ice brick or a frozen water bottle to keep lunch cool.
- Make sure your child can open the lunch box and containers.
- From day 1, make vegetables a habit in the lunch box.
- Remember it is 'OK to say NO' to unhealthy foods such as chips, chocolate and lollies.
- For recipes, snack ideas and lunch box examples visit [healthylunchbox.com.au](http://healthylunchbox.com.au)

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## Good for Kids good for life

### HEALTHY SCHOOL CANTEENS

When it comes to healthy eating it is important that kids get consistent messages at school and at home. As part of the NSW Healthy School Canteen Strategy, the Good for Kids team provides support to school canteens to create healthy canteen menus.

How can parents help?

Below are some ideas to use at home that support the NSW Healthy School Canteen Strategy and build positive food habits for life.

- **Swap sugary drinks with water.** For a twist try adding sliced or frozen fruit, herbs or vegetables to the water.
- **Plan meals together** and allow your child to assist in compiling a shopping list, and help with meal preparation and cooking.
- **To add flavour to meals** use your favourite herbs and spices. Spring is the perfect time to plant a herb garden with your kids. Easy to grow herbs include mint, chives, thyme and basil.

For more ideas visit [healthyschoolcanteens.nsw.gov.au](http://healthyschoolcanteens.nsw.gov.au) and search 'parents and friends'



## CLARENCE TOWN



# RIVER COUNTRY HOEDOWN

26 OCTOBER 2019

Featuring THE WOLFE BROTHERS, THE VIPER CREEK BAND,  
ALEYCE SIMMONDS, 24HOURS & MORE



TICKETS AVAILABLE @ [CLAROHODOWN.COM](http://CLAROHODOWN.COM)



You are invited to

Little Miracles Medowie

# OPEN DAY!

Saturday 2 November  
9.30-11.30am

Tour our brand new centre and enjoy a free morning of fun including a jumping castle, drumming show, face painting, sausage sizzle and more!



## Little Miracles

Loving Children • Growing Champions

Little Miracles Medowie 22 Bower Rd, Medowie OPENING JANUARY 2020

[www.littlemiracles.com.au](http://www.littlemiracles.com.au)

# Girls Night Out

## Girls Night Out 2019

Thank you to all the amazing ladies who supported this year's Girls Night Out event. Together we raised \$1051 for our school resources.

25 great prizes were donated from over 30 very generous local businesses valued at more than \$3500.

This year we had an optional 80's dress up theme for the first time which was also lots of fun.

We look forward to seeing you all at next year's Girls Night out event.

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## Rebecca Neely

Independent Beauty Consultant  
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# Girls Night Out

## 2019 Donors List

Active Diner Medowie

Alex's Kazazz

Ali's bra boutique (Intimo)

Bunnings Heatherbrae

Cakes Creations by Jodie

Coles Medowie

Century 21 Medowie – Curtis & Blair

Dan Murphy's Raymond Terrace

Dee Lights in Beauty

Divine Styling Makeup Artistry by Erin

Enjo & Sante by Alison

Forever Hair & Beauty

Jenny Dubois

Jen's Flowers Medowie

Learn to Surf Newcastle with Miles Niddrie

Lisa's Massage Therapy in Medowie

Mary Kay with Rebecca Neely

Mathieson Family

Mayden Designs

Medowie Macadamia Farm

Medowie Pilates, Fitness & Massage

MG Fencing

Michael Hill Raymond Terrace

Moonshadow TQC Cruises

Murrays Brewing Co

Pacific Dunes & The Greenhouse Eatery

Port Stephens 4wd tours

Postie pop-ups by Kate

Pure Romance with Michelle

Scotty's Cinema Centre

Shimmer Scents with Leah

Raymond Terrace Bowling Centre

Terry White Chemmart Raymond Terrace

The Little Pantry Co

The Salt Therapy Centre Newcastle

Woolworths Medowie

Zeke Unique

# STOCKTON SHARKS JUNIOR FOOTBALL CLUB

NET U10/U11 2020 COMMUNICATION



The Stockton Junior Football club will be entering a team of U10's and U11's in the Newcastle Football NET program in 2020. The NET program is for players who want a more focussed approach to development and who wish to train and play in an environment characterised by high expectations, team spirit and fun.

The content of the NET program is based on the Skill Acquisition Phase of the FFA curriculum as well as the 7 habits of highly effective players researched and formulated by Dr Ron Smith, (former head coach of the AIS and the 'golden generation' – Kewell, Viduka, Bresciano, etc).

The NET program is more than community level football and participating clubs need to implement a grading process to form its U10 and U11 teams.

#### How the NET works

- Each team from the 8 clubs involved train one night a week (Mondays) at Wallarah Oval with the team coach under the supervision of Newcastle's Football Technical Director.
- The program follows a content schedule where coaches and all the attending players are shown practices and drills that demonstrate correct technique and game understanding.
- The program is highly organised and is very successful.
- NET teams play 9 v 9 in competition games which allow the players many more options and helps develop game understanding

NET player registration fees are marginally higher than the Community Football registration, however with Stockton's low fees, Stockton NET registration will still be lower than most clubs' standard registrations fees.

Fees will be finalised and communicated prior to Community Football Registrations opening.

Importantly, the current Stockton players in the NET program this year have, according to their coach and their manager, improved significantly as a team and as individuals, and much more than they would otherwise, by not participating.

Please seriously consider registering your child to trial for the Stockton 2020 NET team. Register your interest by joining the "Under 10 and 11 NET Trials 2020" group on Teamapp.  
<https://stocktonsharksfootball.teamapp.com/>

Trials will be conducted on Wednesday the 23<sup>rd</sup> October at Corroba Oval Stockton, U10 Trials will commence at 5pm, and U11 trials will commence at 6:15pm.

For further enquiries contact Club Registrar Lee Cummings on 0407 137 606

Regards..



Stockton Sharks Junior Football Club Inc. | Secretary: Matt Rolston | 0421 233050 | [matt.a.rolston@gmail.com](mailto:matt.a.rolston@gmail.com) | ABN: 49789176792



## 17 NOV 2019

2 to 3 .30pm

Membership \$80 for 8 and under  
Membership \$100 for 9 and over

Join online <https://swimcentral.swimming.org.au/>  
Buy an Active Kids Membership if using your voucher

Stroud Seals Swim Club

Meet one Sunday each month

Fun and Family BBQ

#### Meet Dates

17 Nov 19 22 Dec 19

19 Jan 20 15 Feb 20

16 Feb 20 22 Mar 20

Active Kids Vouchers can be used

#### STROUD SEALS

Stroud Community Swimming Pool

Phone 0467291996

[stroudseals.swimming.org.au](http://stroudseals.swimming.org.au)

[stroudseals.swimclub@outlook.com](mailto:stroudseals.swimclub@outlook.com)

## Road Safety – On and off a bus safely

Your child is most at risk just after getting off the bus. To reduce this risk, meet your child at the bus stop, never on the opposite side of the road.

At the bus stop, hold hands and stand with your child, well away from the passing traffic. Never wait close to the kerb.

Wait until the bus has driven off before choosing the safest place to cross the road. Then follow the usual road crossing procedures with your child.

STOP! One step back from the kerb.

LOOK! For traffic to your right, left and right again.

LISTEN! For the sounds of approaching traffic.

THINK! Whether it is safe to cross.

Teach your child to turn their head in both directions to look and listen for traffic as they cross the road. Remember, until your child turns 10, hold your child's hand whenever you cross the road.