



# Medowie Public School

**Term 2 Week 10**

**Thursday 4th July 2019**

## Merit Awards

Congratulations to our students who received merit awards at last week's whole school assembly. It never gets old seeing our students standing proudly as they are rec-

ognised for their efforts. Our school was also entertained by Mr Gould's class with an interesting assembly item. They created a humorous video showcasing learning that has occurred in their classroom.

## NAIDOC Week

Voice. Treaty. Truth. These three words comprise the theme for this year's NAIDOC week to work together for a shared future. The official NAIDOC week celebrations are held between 7<sup>th</sup> and 14<sup>th</sup> July. NAIDOC is celebrated not only in indigenous communities but by many Australians from all walks of life. NAIDOC originally stood for 'National Aborigines and Islanders Day Observance Committee'. This committee was once responsible for organising national activities during NAIDOC Week and its acronym has since become the name of the week itself. As the official celebration of NAIDOC week occurs during the school holidays, our school will celebrate the history, culture and achievements of Aboriginal and Torres Strait islander peoples on the first Thursday of Term Three.



## What's on at Medowie...

<b>5th July</b>	Mark Hughes Foundation-wear a beanie to school day(gold coin donation)
	Last day of Term 2
<b>Term 3</b>	
<b>22nd July</b>	Staff return to school
<b>23rd July</b>	Students return to school
<b>25th July</b>	NAIDOC day celebrations
<b>26th July</b>	National Tree Day
	Whole School Assembly 2.15pm



## Learning Disposition Wheel

In our last newsletter I shared some information regarding the Learning Disposition wheel and the area focus. An-

## Notes in Circulation

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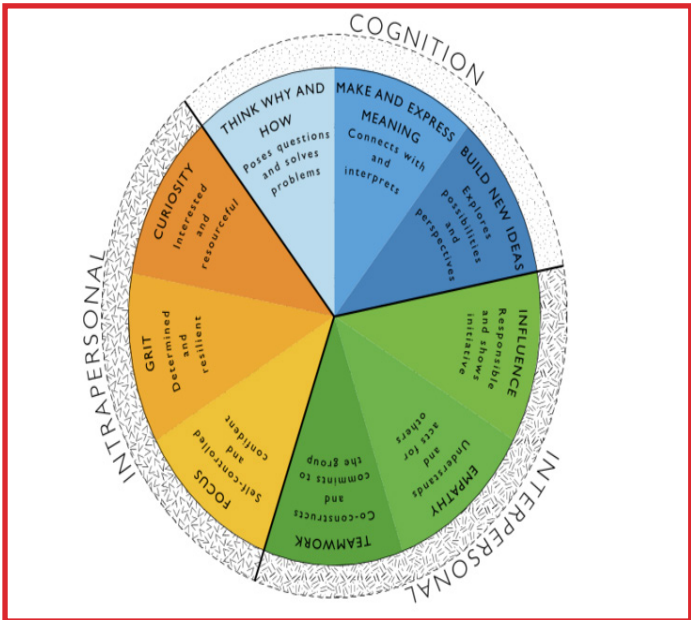


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other component that assists intrapersonal development is grit. The first instinct parents tend to have these days is to fix problems for their children. I know I have been guilty of this many times over. One example that stands out is my daughter and her inability to keep her room tidy. Every day I ask her to pick things up from the floor and then on the weekend I usually go and tidy her room because I cannot stand looking at the mess any longer. Whilst this is just a small example, it does highlight that she does not know what it is like to find things in a messy environment or digging in and cleaning up her own mess. Research behind the learning disposition wheel highlights the importance of having grit. If parents rush in and always fix problems for their children evidence suggests we are depriving them of building grit. As our society has named a parenting style as 'helicopter-like' it is a good opportunity to sit back and reflect on how often we rescue our children. Grit is not

kind and caring nature towards younger students during Star Struck practices and performances. Nomination forms are available for anyone to nominate a student from our school. All you need to do is spot one of our students displaying great community values outside of our school. Nomination forms are available in the school office. Nominations can also be received by phone or email.



**Fundraising**

Tomorrow all students are invited to wear a beanie to school and support The Mark Hughes Foundation which supports brain cancer. Students are asked to bring a gold coin to raise money for this worthwhile cause. Brianna, from Year 6, felt passionate about this fundraising activity and is the brains behind this whole school activity as well as the main coordinator. Students are still expected to wear their school uniform with their beanie. Let's remember our gold coins tomorrow so that we can support brain cancer and Brianna's fundraising activity.

**National Consistent collection of Data**

Currently our school is participating in the mandatory collection of data for students with disabilities as required by the Australian Education Regulation 2013. This allows for education authorities within Australia to ensure there is an accurate number of students receiving adjustments because of their disability and the adjustments they are provided with enables them to participate in education on the same basis as other students. The information does not ex-

about watching children sink, it is about making sure they experience some challenge and failure so they can grow and build their emotional intelligence.

**Community PBL**

Congratulations to our two Community PBL award recipients. Mia was nominated for being spotted collecting rubbish in our school and community to keep our environment nice and clean. Lilli has been recognised for her



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[twitter.com/medowieps](https://twitter.com/medowieps)

Explicitly identify individual students. It simply provides the student's year of schooling, the student's category of disability (physical, cognitive, sensory or social/emotional) and the student's level of adjustment. If you have any further questions regarding the collection of this data please make an appointment with Mr Haug or Mrs Thompson.

### End of Term Break

The upcoming school holidays will begin on Saturday 6<sup>th</sup> July. Students will return to school on Tuesday 23<sup>rd</sup> July. Please note there is a staff development day on Monday 22<sup>nd</sup> July. Staff will use this day to further explore pedagogical practices in mathematics, technology, the school's integrated inquiry units and the 4Cs (communication, collaboration, critical thinking and creativity).

During the holiday break it would be greatly appreciated if everyone could be vigilant regarding our school and grounds. Should anyone see any suspicious activity or need to report a security incident, the School Security Unit can be contacted on 1300 88 00 21.


I wish all our families a lovely break. I am sure everyone will come back refreshed eager to commence Semester 2. Thank you to everyone who has contributed to making this term successful. I look forward to working with everyone again next term. Stay warm during these holidays!

Allison Thompson  
Principal

Congratulations to Nikhil Pillay who will be representing the Hunter in golf at the NSW trials. Nikhil competed in an 18 hole competition on 1st July at Waratah golf course. He was one of three successful competitors who will now compete in Sydney in September.

Good luck Nikhil!





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EVERYONE, EVERYWHERE, EVERY TIME

We value:  
Safety  
Trust and honesty  
Acting responsibly  
Respect  
Success

*In Raymond Terrace we are proud citizens that treat each other with respect, take ownership of our daily choices and strive for a safe community.*

## Raymond Terrace Community PBL

### Student Nomination

Student's name \_\_\_\_\_

School \_\_\_\_\_

Reason for nomination \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Your name \_\_\_\_\_

Your phone number \_\_\_\_\_



## DEFENCE NEWS

Thank you to all the families that were able to make our welcome breakfast last Friday! It was great to put faces to names and see the kids all having a great time with the handballs provided by DCO! I hope everyone was able to get some information from Melanie Kirkpatrick our DCO representative who attended and Mark Schmidt from Military Support. It was fabulous that they were able to make it to our breakfast.

More fun events to come so keep your eyes peeled!!



## FROM THE OFFICE

### Lost Property

There is a table situated on the verandah with the remainder of the unnamed lost property. Please ensure all belongings are clearly labelled so they can be returned to their owner.

Thank you

## SCHOOL BANKING

Due to unforeseen circumstances, the school banking raffle did not take place last Tuesday as originally promoted. We have re-scheduled the raffle to be drawn the first week of Term 3.

Thank you for your understanding.

School Banking Co-ordinators.

## CHILDREN'S DISCOVERY DAY

TUESDAY 9TH JULY 10AM TO 2PM

An educational and entertaining day for children in the school holidays. The emphasis is on botanical and environmental learning activities that stimulate an interest in plants and the environment.

The Children's Discovery Day has proved a very successful way of introducing children and their families to the resources and facilities available at the Botanic Gardens.

Entertainment provided by the brilliant Hunter School of the Performing Arts Marching Showband.

**Entry \$5 per child. Children 3 and under are free.**

**Entry for all others is \$3 per person.**

Parking is free.

\* Garden Tours

\* Aussie Ark Display

\* Discover How Plants Work

\* Botanical Treasure Hunt

\* Craft Activities

\* Grass Heads

\* Pigeon Release

\* Emergency Services

\* Children's Drawing Competition

\* Kid's Percussion Workshop

\* Rock Painting

\* Lots More

The much loved Kookaburra Café, Gift Shop and Gardens Gallery will be open all day. Picnic areas and BBQ available.

For more information phone Belinda at the Gardens on

(02) 49871655

or

Email: [events@huntergardens.org.au](mailto:events@huntergardens.org.au)



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## Good for Kids good for life

### 24 HOUR MOVEMENT GUIDELINES



Australian Government  
Department of Health

# Have you moved enough today?



**SLEEP**

• 5-13 year olds need  
9-11 hours per night.

• 14-17 year olds need  
8-10 hours per night.



**PHYSICAL  
ACTIVITY**

Aim for 60 minutes or  
more per day – the more  
you huff & puff the better!



**INACTIVITY**

Move more & sit less  
in your spare time.

Find out more at [www.health.gov.au](http://www.health.gov.au)

Children and young people (aged 5-17 years) should achieve the recommended balance of high levels of physical activity, low levels of sedentary behaviour, and sufficient sleep each day.

Australian 24-Hour Movement Guidelines for Children and Young People (5 to 17 years): An Integration of Physical Activity, Sedentary Behaviour, and Sleep

Source: Australian 24 hour Movement Guidelines



Health  
Hunter New England  
Local Health District

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