



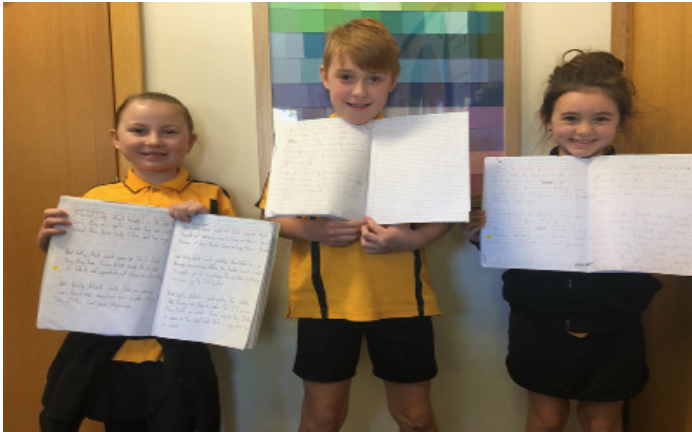
Medowie Public School

Term 3 Week 8

Friday 11th September 2020

Super Learners

I had the pleasure of Logan, Ashley and Ivy from 2H showing me their writing last week. They were writing information reports about red-bellied black snakes. Some facts they shared with me included these snakes can stay in the water for up to 23 minutes, when an enemy is nearby they will retreat into the water until it is gone and they can live for up to 24 years.



PBL

Weeks 9 and 10 will see our school's PBL focus concentrating on the COLA area and bike safety. The COLA area is a passive play space for our students and the place our students K-2 meet in the morning. It is important to remind students of bike safety with the upcoming September/October holidays. We always refer to how our students can be respectful, responsible and resilient during these lessons.

Community PBL

Community PBL will be recommencing next week. Whilst students won't be able to come together at Market Place for the award ceremony, they will receive their award at

school and have their photo displayed with the other recipients at Market Place for one week. If you notice our students displaying our expectations in the greater community, please remember you can nominate. In our current environment, the best way to nominate a student would be by email or phoning the school office.

Learning Disposition Wheel

Empathy is part of the interpersonal qualities that make up the Learning Disposition Wheel. We often hear about the need for more empathy in the world. So what is empathy exactly? There are three types of empathy:

- Cognitive empathy is the ability to understand how a person feels and what they might be thinking. Cognitive empathy makes us better communicators because it helps us relay information in a way that best reaches the other person.
- Emotional empathy is the ability to share the feelings of another person. Some have described it as 'the pain in your heart'. This type of empathy helps you build emotional connections with others.
- The third type is compassionate empathy. This goes beyond simply understanding others and sharing their feelings: it actually moves us to take action, to help however we can.

It is easy to see why there is need for more empathy in the world and I'm glad to be part of team that is working to instil this within our students.

Junior AECG

After the COVID shut downs, our school has been able to reform the Junior AECG through the use of Zoom technology. Thank you to Mrs Waterman and Mr Berger who or-

What's on at Medowie...

22nd Sept	Author/Illustrator visit-Sami Bayly
29th Oct	Book Parade - online

Notes in Circulation

Stage 3 Camp

ganised the meeting with Brook Roach from Hunter River HS. Congratulations to the following students:

President – Marlie Johnson, Heidi Swan

Vice President – Mia Wilson, Ethan Clarke

Secretary – Maddie Shorten, Summah Skaines



Award Recipients

Congratulations to our students who have received Positive, Behaviour or Learning Awards this week. It is amazing to see how many students have been able to reach Behaviour and Learning Awards.

Learning Awards - W6



Positive Awards - W6



Behaviour Awards - W6



Postive Awards - W7



Behaviour Awards - W7



Learning Awards - W7



Allison Thompson

Principal

BRAIN CANCER

KILLS MORE CHILDREN THAN ANY OTHER DISEASE

Yet 90% of Australians are unaware of the fact.

HELP US FIND A CURE!

Brain Cancer is deadly, survival rates are low

90% of children survive LEUKEMIA	90% of people survive BREAST CANCER	20% of people survive BRAIN CANCER
---	--	---

NSW Department of Education

Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Make friends



Build skills through fun



Medowie Public School Debating Team

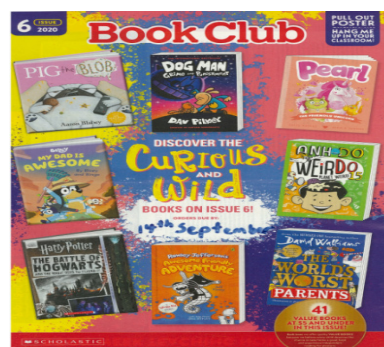
Our school debating team recently competed in two debates against Raymond Terrace Public School. The first debate's topic was "that a panel of student representatives should decide the punishments for other students" and the second debate's topic was "that covid-19 has been a good thing for students". The team's arguments were very strong for both debates. At the end of the day we walked away with one loss and one win.

Book Club

Book club Issue 6 is out now and available to order. Orders due by Monday, September 14th. Parents are encouraged to use the LOOP online system. Many thanks to the lovely Donna Vaughan who does most of the work for the book club.

I do believe something very magical can happen when you read a good book. Quote by JK Rowling.

Mrs Helen Styan ☺



Medowie Public School Silver Coin Challenge

Dear Students, Parents and Carers,

We are setting a challenge to all classes to collect as many silver coins as possible.

Classes will be competing against each other to see which class can collect the most silver coins. The class that raises the most money will receive a class party donated by the P&C and School Canteen.

So bring in as many silver coins as you can find lying around the house, in the car, fallen between the seats in the lounge, etc (with parents/caregivers permission of course).

The challenge will run for three weeks from Monday 31st August until Friday 18th September, with the winning class party to be held Wednesday 23rd September.

Funds raised will go towards seating for the new outdoor learning space outside M Block.

Thank you for supporting your P&C!

Contact us on Facebook at [P&C - Medowie Public School](#) or email pandcmedowie@hotmail.com

Silver Coin Challenge

CHALLENGE

MON AUG 31 - FRI SEP 18
 WINNING CLASS PARTY TO BE HELD WED SEP 23

Start Collecting Now!!

FUNDS RAISED WILL GO TOWARDS SEATING FOR THE NEW OUTDOOR LEARNING SPACE

THANK YOU FOR SUPPORTING YOUR P&C!

Library Matters

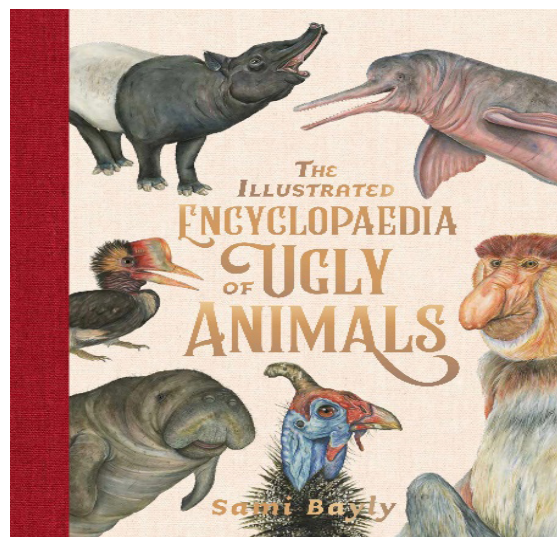
Curious Creatures seen at Medowie P.S.!



At strange times last week, I saw some curious creatures at Medowie Public School and in the wild. These curious creatures seem to be hanging around the library. I managed to catch a few photographs of them. I wonder if they are coming to our book parade!

The date for our book parade is now set at **Thursday 29th October**. The parade will be available to watch online, details available next term. The children are starting to get excited about it and thinking about which curious creature or wild mind from a book they would like to be for the day.

Sami Bayly, author AND illustrator visit



As a special treat for the students and to inspire students, we have invited Sami Bayly, author of *The Illustrated Encyclopaedia of Ugly Animals* to Medowie Public School in week 10, on Tuesday 22nd September. Her new book has been shortlisted for the CBCA (Children's Book Council Award) Eva Powell award and three other awards. She is a local and has connections with our school. On the day of her visit, the children are going to come to the library in stage groups and participate in various activities related to her new award-winning book, at no cost for students or their family. Medowie Public School will cover the cost to ensure every student can attend these fun activities.

From the office

Lost Property

Please remember to label all clothing and other miscellaneous items with your child's name.

Lost property is located in the office foyer and can be freely accessed.

If your child does not have a jumper and would like a second hand one, please contact the school office.

Have you changed your personal details??

If you have had a change in personal details such as address or contact numbers; work, mobile or home, please ensure that you notify the school office ASAP.



G 2 WEEK GENESIS INDOOR CLINIC 5 YRS - 14 YRS

WEEK 1
SEPT 28TH - OCT 2ND
9-3PM DAILY

WEEK 2
OCT 5TH - 9TH
9-3PM DAILY

\$70 PER DAY OR \$280 PER WEEK

InZane! FOOTBALL

Good for Kids good for life

BREAKFAST IS THE BEST ROUTINE



Breakfast is important for kid's blood sugar levels. It helps them to concentrate while learning, moderate behaviour and have the energy to engage in physical activity.

Breakfast also reduces the desire to snack on high sugar and high fat foods.

Quick and Easy Breakfast Ideas

- Cereal with milk, yoghurt and/or fruit
- Wholegrain toast or raisin bread
- Smoothies made with fresh, frozen or canned fruit

Tip: to get kids ready to learn, keep the TV off during breakfast time

For delicious breakfast recipes visit the Healthy Kids recipe page and click 'breakfast'
<https://www.healthykids.nsw.gov.au/>

Source: Northern Sydney Local Health District



HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

1 day per fortnight


= **4** weeks



= Over **1** year missed

1 day per week


= **8** weeks



= Over **2.5** years missed

Raine&Horne.



Join us in helping **Bella Howard**

During April, eight year old Bella from Port Stephens was diagnosed with a highly aggressive brain tumour and was told she had just three months to live. Her parents, in desperation, launched a fundraising appeal with help from the community and were able to raise the funds needed for emergency life-saving surgery. Dr Charlie Teo performed the surgery on her brain in May 2020. With this intervention Bella's life was extended however Bella had another MRI at the end of August and her parents were heartbroken to be told that it was no longer possible for medical aid to prolong her life.

As a community we want to help Bella and her family to relieve any financial burden. Bella will not be with us for very much longer - perhaps two months at most.

Any services or money donations will be greatly appreciated to help support Bella and her family through this very difficult time. All the money raised will go towards helping the family in practical ways through this difficult time and providing Bella with new experiences to brighten her final days.

Follow the below links to see how you can contribute.

Go Fund Me Page: www.gofundme.com/u/ytyymx3

Facebook Page: www.facebook.com/Bellas-Brain-Tumour-Battle-with-DJPG-102301308228186

Sherry Christian
0408 407 464
Sherry.christian@nbltp.rh.com.au

Nelson Bay | Lemon Tree Passage
4984 1008 | 4982 4519
rh.com.au/nbltp

CORONAVIRUS TESTING

NO REQUEST FORM REQUIRED

Laverty Pathology is operating a
drive-through sample collection service at

Nelson Bay
20 Aquatic Close

Monday to Friday 9:00am - 3:00pm

Patient attends Collection drive-through

- Please **DO NOT** get out of vehicle at any time.
- Patients will need to show their ID, Medicare card and pathology request form if you have one
- If you do not have a request form we can organise one for you
- No booking required
- All ages are welcome including children
- We will collect the specimen (throat & nasal swab)
- No blood/urine will be collected at this site

Results

- All results will be sent to the referring doctor
- Negative results will be available to the patient via SMS if consent and mobile phone number are provided

laverty.com.au



Standard Diagnostic Services Pty Ltd (2005) 01 807 100 043 13 Laverty Pathology LHM 00151 04 18 August 2020



Kindlebark Oval

family fun & fitness



Register Online 1st August



Medowie
Little Athletics Centre

www.medowielittleathletics.org.au
medowielac@gmail.com
[medowielittleathletics](https://www.facebook.com/medowielittleathletics)
PO Box 106, MEDOWIE NSW 2318